



INTERNATIONAL TRAINING CAMP 2014

The camp will be held directly after the [Dutch Open Espoir](#) in Eindhoven from the 13th till the 15th of January. The camp is aimed at serious judoka wanting to improve their overall performance and competition levels. Recommended minimum age is 14 years.



Cost:

- **Full board at [Stayokay Hostel](#)** Valkenswaard. Full board from Sunday dinner to Wednesday lunch. Including all training sessions and a T-shirt: **€ 195,00**
Group room!
- **Full board at [Hotel Eindhoven](#)**. Full board from Sunday dinner to Wednesday lunch. Including all trainings sessions and a T-shirt: **€ 380,00**
2 person room! Also 3 and 4 person rooms available.
- **Bed and breakfast at [Stayokay Hostel](#)** Valkenswaard. B&B from Sunday (after tournament) to Wednesday. Including all training sessions and a T-shirt: **€ 145,00**
- **Bed and breakfast at [Hotel Eindhoven](#)**. B&B from Sunday (after tournament) to Wednesday. Including all training sessions and a T-shirt: € 240,00
- **Only training sessions** on Monday, Tuesday and Wednesday including a T-shirt: € 45,00
- Just training on Monday or Tuesday. 2 sessions a day: € 20,00 per day
- Every single training session: € 12,50 per training session

On request special offer for trainer/coaches.

New Training Accommodation

Location:

Training:

[Indoor-Sportcentrum Eindhoven](#), Theo Koomenlaan 1, 5644 HZ, Eindhoven, Nederland
(This is the same location as for the Dutch Open Espoir)



Sleeping:

[Stayokay Hostel](#), Heerkensdreef 20, 5552 BG, Valkenswaard, Nederland



stayokay

Stayokay Hostel is 10 km from the training and 15 km from the airport.

[Hotel Eindhoven](#), Aalsterweg 322, 5644 RL, Eindhoven, Nederland



**VAN DER
VALK**

Hotel Eindhoven is a 5 minute walk to the training and 10 km from the airport.

Trainers:

Head coaches:

- 5 times Olympic coach **Mark Earle** (Great Britain, 7th dan)
- **Tom Essink** (6th dan)
- * **Angelique van Wegberg** (4th dan)

Assisted by: Tanja de Leeuw, Tijs van Dorenmalen, Frank Zegers and others

On Monday and Tuesday we organize two training sessions. On Wednesday there will be one training session in de morning. Near to the training accommodation you have several possibilities for extra sports and pleasure like the swimming hall, fitness, woods, centre etcetera. They are not part of the program.

If you have questions please contact Tanja de Leeuw, tanja@leeuwendaeevenementen.nl,

+31-6-53411180!

