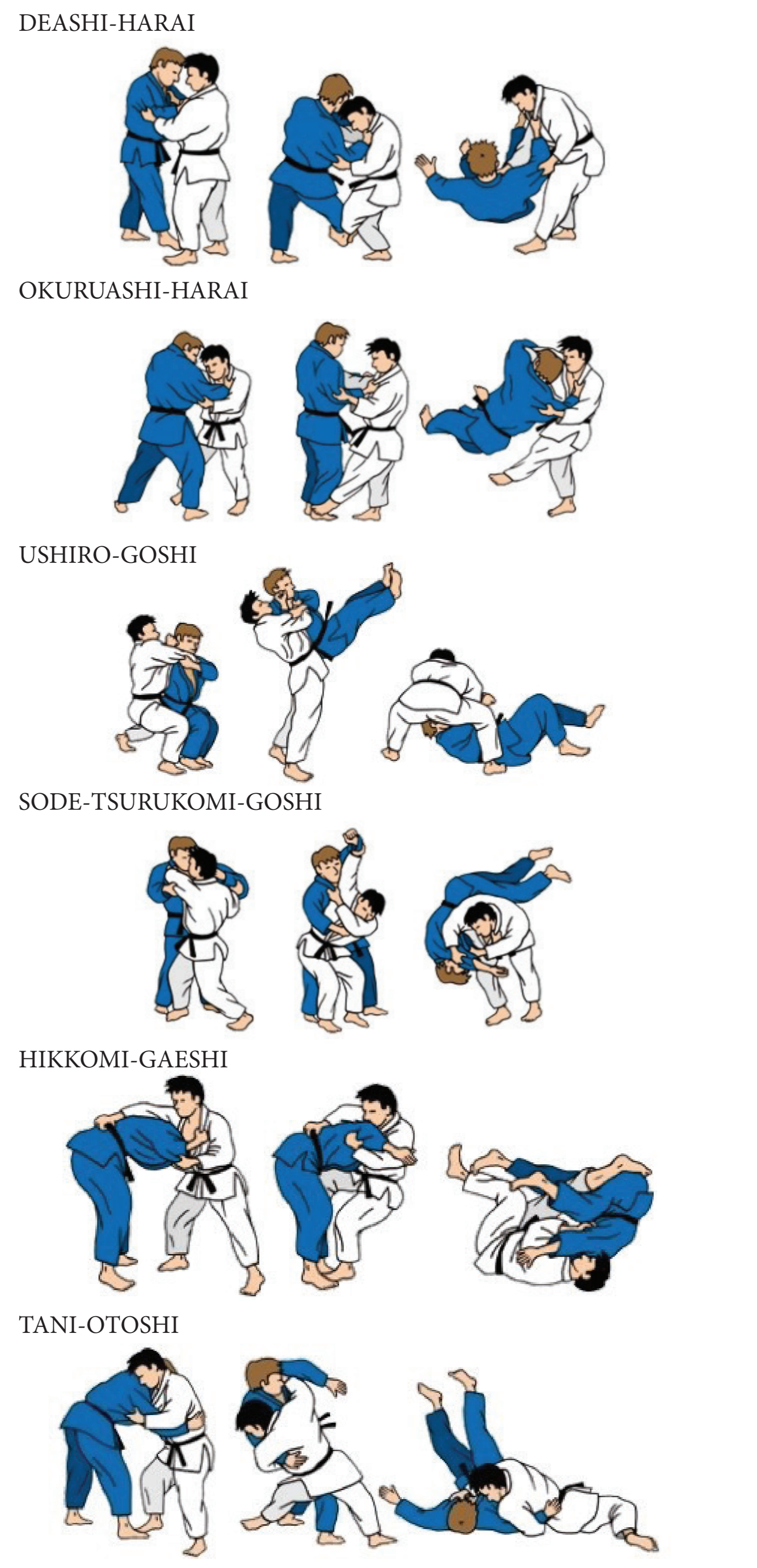
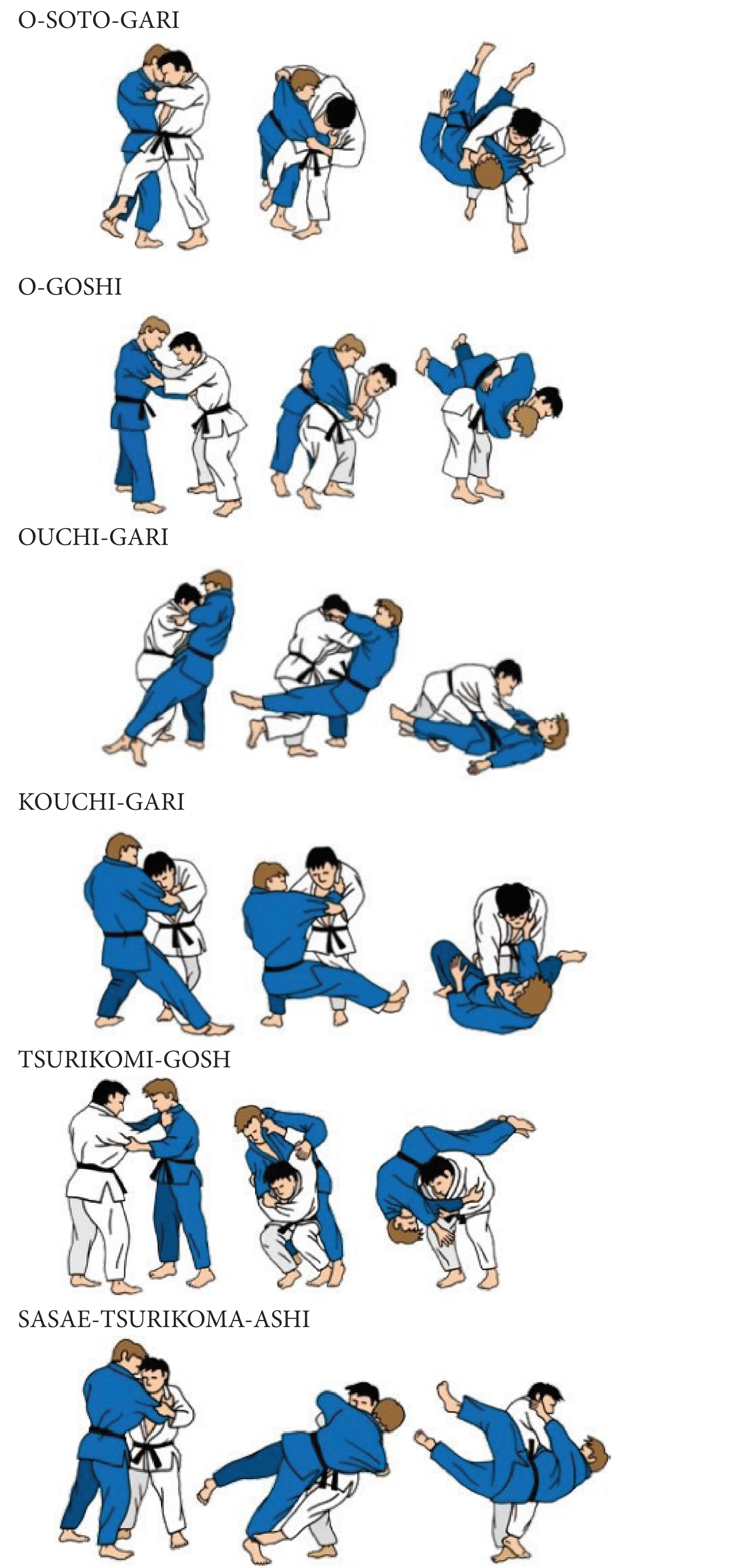


NAGE-WAZA

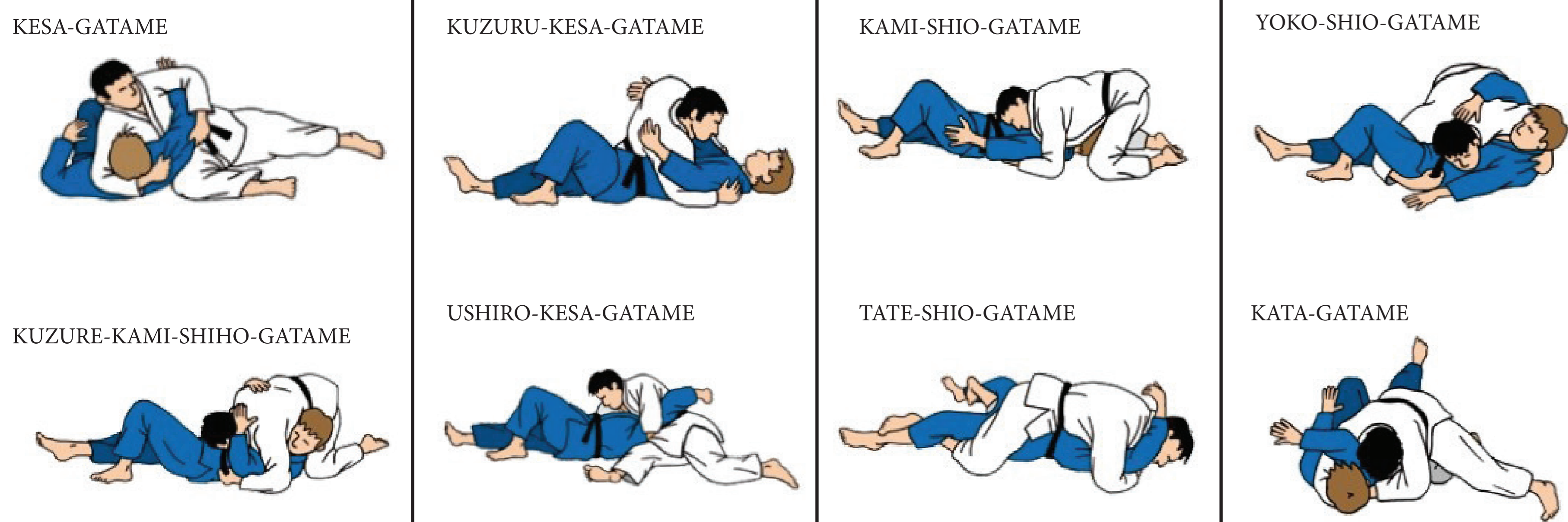


NAGE-WAZA



KATAME-WAZA

OSAEKOMI-WAZA

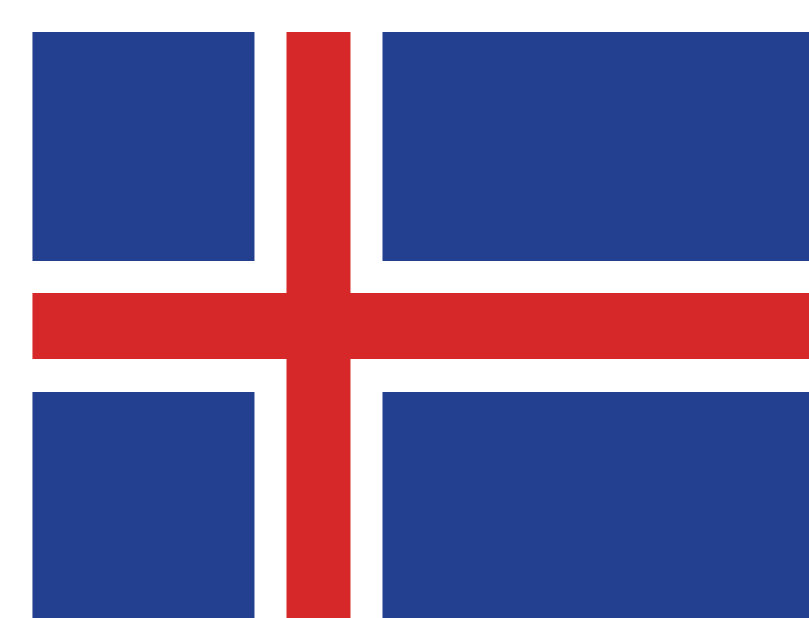


KATAME-WAZA

SHIME-WAZA



KANSETSU-WAZA



柔道

